

COMPETITIVE SQUAD TRAINING SCHEDULE
Effective: 1 June 2026

June 2026		Banksia	Acacia	Wattle	Waratah	Bottlebrush	Events
		James Greathhead	George Harnetty	Chelsea Black	Ian Park	Gus/Jorden	
1/06/2026	Mon AM	5am - 7am	5am - 7am	5am - 7am	5am - 7am		
	Mon PM	4pm - 6.30pm	4pm - 6.30pm	4pm - 6.30pm		4pm - 5.15pm 5.15pm - 6.30pm	
2/06/2026	Tue AM	5am - 7am	5am - 7am	5am - 7am			
	Tue PM	4pm - 6.30pm			4pm - 6pm	4pm - 5.15pm 5.15pm - 6.30pm	
3/06/2026	Wed AM				5am - 7am	5.45am-7.00am	
	Wed PM	4pm - 6.30pm	4pm - 6.30pm	4pm - 6.30pm			
4/06/2026	Thu AM	5am - 7am	5am - 7am	5am - 7am			
	Thu PM	4pm - 6.30pm			4pm - 6pm	4pm - 5.15pm 5.15pm - 6.30pm	
5/06/2026	Fri AM	5am - 7am	5am - 7am		5am - 7am	5.45am-7.00am	
	Fri PM		4pm - 6.30pm	4pm - 6.30pm		4pm - 5.15pm 5.15pm - 6.30pm	
6/06/2026	Sat AM	6am - 8am	6am - 8am	6am - 8am	6am - 8am		AUS Swimming Trials
7/06/2026	Sun						AUS Swimming Trials
8/06/2026	Mon AM	No Training- Public Holiday	No Training- Public Holiday	No Training- Public Holiday	No Training- Public Holiday		AUS Swimming Trials
	Mon PM	No Training- Public Holiday	No Training- Public Holiday	No Training- Public Holiday		No Training- Public Holiday	
9/06/2026	Tue AM	5am - 7am	5am - 7am	5am - 7am	5am - 7am	5.45am-7.00am	AUS Swimming Trials
	Tue PM	TBC - Will Notify via Squad Group Chat			Session Moved to Tue AM	Session Moved to Tue AM	
10/06/2026	Wed AM		5am - 7am	5am - 7am	5am - 7am	5.45am-7.00am	AUS Swimming Trials
	Wed PM	TBC - Will Notify via Squad Group Chat	TBC - Will Notify via Squad Group Chat	Moved to Wed AM			
11/06/2026	Thu AM	5am - 7am	5am - 7am	5am - 7am	5am - 7am	5.45am-7.00am	AUS Swimming Trials
	Thu PM	TBC - Will Notify via Squad Group Chat			Session Moved to Thu AM	Session Moved to Thu AM	
12/06/2026	Fri AM	5am - 7am	5am - 7am	5am - 7am	5am - 7am	5.45am-7.00am	AUS Swimming Trials
	Fri PM		TBC - Will Notify via Squad Group Chat	Moved to Fri AM		Cancelled	
13/06/2026	Sat AM	6am - 8am	6am - 8am	6am - 8am	6am - 8am		AUS Swimming Trials - (All Day)
14/06/2026	Sun						
15/06/2026	Mon AM	5am - 7am	5am - 7am	5am - 7am	5am - 7am		
	Mon PM	4pm - 6.30pm	4pm - 6.30pm	4pm - 6.30pm		4pm - 5.15pm 5.15pm - 6.30pm	
16/06/2026	Tue AM	5am - 7am	5am - 7am	5am - 7am			
	Tue PM	4pm - 6.30pm			4pm - 6pm	4pm - 5.15pm 5.15pm - 6.30pm	
17/06/2026	Wed AM				5am - 7am	5.45am-7.00am	
	Wed PM	4pm - 6.30pm	4pm - 6.30pm	4pm - 6.30pm			
18/06/2026	Thu AM	5am - 7am	5am - 7am	5am - 7am			
	Thu PM	4pm - 6.30pm			4pm - 6pm	4pm - 5.15pm 5.15pm - 6.30pm	
19/06/2026	Fri AM	5am - 7am	5am - 7am		5am - 7am	5.45am-7.00am	
	Fri PM		4pm - 6.30pm	4pm - 6.30pm		4pm - 5.15pm 5.15pm - 6.30pm	
20/06/2026	Sat AM	6am - 8am	6am - 8am	6am - 8am	6am - 8am		Carnival (8am - 5:30pm)
21/06/2026	Sun						Carnival (8am - 5:30pm)
22/06/2026	Mon AM	5am - 7am	5am - 7am	5am - 7am	5am - 7am		
	Mon PM	4pm - 6.30pm	4pm - 6.30pm	4pm - 6.30pm		4pm - 5.15pm 5.15pm - 6.30pm	
23/06/2026	Tue AM	5am - 7am	5am - 7am	5am - 7am			
	Tue PM	4pm - 6.30pm			4pm - 6pm	4pm - 5.15pm 5.15pm - 6.30pm	
24/06/2026	Wed AM				5am - 7am	5.45am-7.00am	
	Wed PM	4pm - 6.30pm	4pm - 6.30pm	4pm - 6.30pm			
25/06/2026	Thu AM	5am - 7am	5am - 7am	5am - 7am			
	Thu PM	4pm - 6.30pm			4pm - 6pm	4pm - 5.15pm 5.15pm - 6.30pm	
26/06/2026	Fri AM	5am - 7am	5am - 7am		5am - 7am	5.45am-7.00am	
	Fri PM		4pm - 6.30pm	4pm - 6.30pm		4pm - 5.15pm 5.15pm - 6.30pm	
27/06/2026	Sat AM	6am - 8am	6am - 8am	6am - 8am	6am - 8am		Carnival (11am - 3:30pm)
28/06/2026	Sun						Carnival (8am - 3pm)
29/06/2026	Mon AM	5am - 7am	5am - 7am	5am - 7am	5am - 7am		
	Mon PM	4pm - 6.30pm	4pm - 6.30pm	4pm - 6.30pm		4pm - 5.15pm 5.15pm - 6.30pm	
30/06/2026	Tue AM	5am - 7am	5am - 7am	5am - 7am			
	Tue PM	4pm - 6.30pm			4pm - 6pm	4pm - 5.15pm 5.15pm - 6.30pm	

Training Cancelled
Training Change
Pool Session - Training Pool
To Be Confirmed via Squad Group Chat